



APICON ASSAM 2024

33RD Annual Conference of
Association of Physicians of India (Assam Chapter)

EZAPICON 2024

12TH Annual Conference of the
Association of Physicians of India (East Zone)



SCIENTIFIC PROGRAM

DATE: 20TH | 21ST | 22ND December, 2024

Friday, Saturday & Sunday

VENUE: Mayfair Sonapur, Guwahati

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APICON ASSAM 202433RD Annual Conference of
Association of Physicians of India (Assam Chapter)**EZAPICON 2024**12TH Annual Conference of the
Association of Physicians of India (East Zone)DATE: 20TH | 21ST | 22ND December, 2024
VENUE: Mayfair Sonapur, Guwahati**DAY I****20TH DEC
FRIDAY****HANDS-ON WORKSHOPS****VENUE: GAUHATI MEDICAL COLLEGE AND HOSPITAL**

TIME	TOPIC	FACULTY
9:00 am to 12:00 am	POINT OF CARE (POCUS) IN ICU Coordinator – Dr. Mriganka Deka	1. Dr. Raj Pratim Das 2. Dr. Kaladhar S 3. Dr. Karthik Munta 4. Dr. Ravi Shankar 5. Dr. Vekant Raman Kola
	ECHOCARDIOGRAPHY FOR PHYSICIANS Coordinator – Dr. Smitakshi Lahkar	1. Dr. Pritom Kr. Borthakur 2. Dr. Bharat Vijay Purohit & Team 3. Dr. Subhajit Mitra 4. Dr. Rajeev Bharadwaj
9:00 am to 12:00 am	BASICS UPPER GI ENDOSCOPY WORKSHOP Coordinator – Dr. Manshi Barman	1. Dr. Rintu Barman 2. Dr. Naveen Polavarapu 3. Dr. K.S Somasekhar Rao
9:00 am to 10:20 am	BASICS OF BRONCHOSCOPY FOR CLINICIANS Coordinator – Dr. Suresh Sarma	1. Dr. Basanta Hazarika 2. Dr. Suresh Sharma 3. Dr. Preeti Vidyasagar 4. Dr. Manash Jyoti Saikia 5. Dr. Suhas Dhulipala 5. Dr. Sejal Radia
9:00 am to 12:00 am	BASICS OF JOINT AND ABDOMEN ULTRASOUND Coordinator – Dr. Arusikha Rabha	1. Dr. Upasana Baruah 2. Dr. N. Eshwar Chandra 3. Dr. E Shashidhar Reddy 4. Dr. Sujan Dibragede



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FRIDAY****SCIENTIFIC PROGRAMME****AMSOI**

TIME	SPEAKER/PANELIST	TOPIC	CHAIRPERSON
1.30 pm	Trade Exhibition Area Inauguration- Prof. Anup Das (Chairperson API)		
2-2.15 pm (12+3 min)	Dr. Mona Dhakal Gangtok Sikkim	Clinical Challenge- A 60 yr old patient of heart failure presenting with hyponatremia. How to manage?	<ul style="list-style-type: none"> • Dr. Aritra Kumar Ray • Dr. Amiya Kumar Sarma • Dr. P.K. Rabha
2.16-2.31 pm (12+3 min)	Dr. Anirban Bhowmik Agartala	Is MASLD a harbinger of DM and CVD?	<ul style="list-style-type: none"> • Dr. Talar Motu • Dr. Dilip Roy • Dr. Somnath Roy
2.32-2.47 pm (12+3 min)	Dr. Bidita Khandelwal Gangtok, Sikkim	Artificial Intelligence and Diabetes Mellitus	<ul style="list-style-type: none"> • Dr. Lalringmoy • Dr. Manabendra Nayak • Dr. Bishnu Prasad Deka
2.48-3.03 pm (12+3 min)	Dr. Shirshendu Pal North Bengal	Early cancer screening in vulnerable population	<ul style="list-style-type: none"> • Dr. Neelakshi Mahanta • Dr. Swapnav Borthakur • Dr. Tapan Chatterjee
3.04-3.19 pm (12+3 min)	Dr. OP Dhakal Gangtok Sikkim	Clinical challenge - Thrombocytopenia in Dengue fever : How low is low!	<ul style="list-style-type: none"> • Dr. Libe Nyorak, • Dr. Robertson Timung • Dr. Nandita Bhuyan Boruah
3.20-3.35 pm (12+3 min)	Dr. Barnali Bhuyan Meghalaya	Streptococcus suis meningitis : a underestimated emerging challenge	<ul style="list-style-type: none"> • Dr. Birata Debbarma • Dr. Rubi Kumari • Dr. Neena Nath
3.36-3.51 pm (12+3 min)	Dr. Pradip Bhaumik Agartala Tripura	Clinical challenge: Altered LFT in pregnancy	<ul style="list-style-type: none"> • Dr. Nilakshi Goswami • Dr. Mridul Bharali • Dr. Kalyan Kumar Nath
3.52-4.07 pm (12+3 min)	Dr. Partha Sarkar West Bengal	Environmental Influence in Rheumatology	<ul style="list-style-type: none"> • Dr. Mridu Paban Baruah • Dr. Partha Pratim Ghosh • Dr. Dipak Choudhury



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DAY 1

20TH DEC FRIDAY

SCIENTIFIC PROGRAMME

AMSOI

TIME	SPEAKER/PANELIST	TOPIC	CHAIRPERSON
4.08-4.23 pm (12+3 min)	Dr. Marami Das Assam	Clinical challenge : Sudden onset of weakness of both lower limbs- is it neuropathy ,myelopathy , myopathy or hypokalemia? How to proceed ?	<ul style="list-style-type: none"> • Dr. Tasoie Beyong • Dr. B B Kukreja • Dr. Papori Bora
4.24-4.39 pm (12+3 min)	Dr. Sekhar Chakraborty North Bengal	Heart failure in diabetes, pathophysiology and current management.	<ul style="list-style-type: none"> • Dr. Mitali Baruah • Dr. Mithun Bharatiya • Dr. Gaurav Singh
4.40-5.19 pm (12+12+12+3)	Panel- Lesser highlighted manifestations of Diabetes Mellitus- 1. Rheumatologic manifestations 2. Dermatology manifestations 3. GI manifestations	Rheumatological manifestations 1. Dr. Udas.C. Ghosh, West Bengal Dermatology manifestations 2. Dr. Pijush Kanti Mandal, West Bengal GI manifestations 3. Dr. Partha Sarathi Karmakar, West Bengal	<ul style="list-style-type: none"> • Dr. Robinson Ningshen • Dr. Jyoti Ranjan Thakur • Dr. S.M Junaid
5.20- 5.50 pm (25+5 min)	Dr. Arup Kumar Kundu West Bengal Guest Lecture	The dying art of clinical medicine- looking back (a pictorial journey)	<ul style="list-style-type: none"> • Dr. Shahid Ali • Dr. Dhiraj Das • Dr. M P Das
5.50-6.05 pm (12+3 min)	Dr. Amal. K. Banerjee West Bengal	Cardiogenic Shock after AMI: Evaluation and Treatment	<ul style="list-style-type: none"> • Dr. N K Bhattacharjee • Dr. Banajit Chowdhury • Dr. Omiyo Kr. Borgohain
6.06-6.21 pm (12+3 min)	Dr. Anup Kr. Barman DME Assam	An approach to fungal UTI	<ul style="list-style-type: none"> • Dr. Anjan Borkotoky • Dr. Jyotirmay pal • Dr. Pramod Das
6.22-6.37 pm (12+3 min)	Dr. Hage Ambing DME Arunachal Pradesh	Where I Stand as an MD Physician	<ul style="list-style-type: none"> • Dr. Jogesh Sarma • Dr. Nandini Chatterjee • Dr. Amal Dev Goswami
6.38-6.53 pm (12+3 min)	Dr. Mihir Goswami	Newer managements in the frontiers of tuberculosis	<ul style="list-style-type: none"> • Dr. Ardhendu Sen • Dr. Jibeswar Thakuria • Dr. Shamim Sultana
7.00-7.30 pm	API Quiz	Quiz Master- Dr. Rakesh Periwal & Dr. Chandana Sarma	
7.30 -8.00 pm	API BIHU HUSSORI		
8.00 pm onwards	MUSICAL BONANZA & DINNER		



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SATURDAY****SCIENTIFIC PROGRAMME****Flag Hoisting 8:30 am****AMSOI**

TIME	SPEAKER	TOPIC	CHAIRPERSON
9 – 9.20 am 12+8min	Dr. Chandan Sarmah	Navigating a case of severe pneumonia	<ul style="list-style-type: none"> • Dr N Bhagabati • Dr. Gautam Kr. Medhi • Dr. Zakir Hussain
9.20 - 9.40 am 12+8 min	Dr. Bipul Choudhury	Two goals in one shot-Degludeg in OPD and IPD	<ul style="list-style-type: none"> • Dr. Akhil Kumar Baruah • Dr. Bijush Difoesa • Dr. Dibyajyoti Doley
9.40 – 10 am 12+8 min	Dr. Anupam Dutta	Clinical challenge: Investigating the causes in a patient with fever and anaemia	<ul style="list-style-type: none"> • Dr. Amrit Bhattacharya • Dr. Prasanta Sonowal • Dr. Subhajit Mitra
10 – 10.20 am 12+8 min	Dr. Ananda Bagchi	From weakness to wellness : Deciphering DM and sarcopenia	<ul style="list-style-type: none"> • Dr. Tarun Roy Choudhury • Dr. Ratan Saha • Dr. N.C. Das
10.20 - 10.45 am 20+5min	GUEST LECTURE Dr. Rupam Borgohain	Deep Brain Stimulation - Current scenario	<ul style="list-style-type: none"> • Dr. Prashanta Dihingia • Dr. Debojit Sharma • Dr. Thaneswar Bora • Dr. Mridupaban Gogoi
10.45 – 11.10 am 20+5min	GUEST LECTURE Dr. R Jena	When should a physician think of Amyloidosis?	<ul style="list-style-type: none"> • Dr. Dilip Kr. Baruah • Dr. Jina Bhattacharyya • Dr. Damodar Das • Dr. Panchanan Khaklari
11.10– 11.55 am 40min+5	Panel: Moderator - Dr. Pradip Kr. Sarma Panelist- <ul style="list-style-type: none"> • Dr. Sanjeeb Kakati • Dr. B .P Chakravarty • Dr. M.P Das • Dr. Chitrlekha Baruah 	Management of Rheumatoid arthritis: From early undifferentiated to refractory state	<ul style="list-style-type: none"> • Dr. Ankit Patawari • Dr. Pranab Kr. Chowdhury • Dr. Daisy Doley • Dr. Diganta Das
11.55 - 12.25 pm 25+5 min	Dr. Nandita Choudhury	API Oration	<ul style="list-style-type: none"> • Dr. Jyotirmoy Pal • Dr. Anup Kumar Das • Dr. Sanjeeb Kakati • Dr. S K Baruah

DAY - 02 | 21ST DEC 2024 - AMSOI

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TIME	SPEAKER	TOPIC	CHAIRPERSON
12.25 – 12.55 pm 25+5 min	KEY NOTE LECTURE Dr. D N Reddy	Artificial Intelligence in Medicine	<ul style="list-style-type: none"> • Dr. Sangitanjan Dutta • Dr. Nripendranath Goswami • Dr. UtpalJyoti Deka • Dr. Anjan Jyoti Saikia
12.55 – 1.45pm 50 min	Lunch		
1.45-2.05 pm 12+8 min	Dr. R.S.Thankiew	Clinical challenge: Chronic intermittent loose motions with pain abdomen& intermittent fever . Are we dealing with abdominal Koch or is it Crohns ?	<ul style="list-style-type: none"> • Dr. G.C Nath • Dr. Kaushik M. Deka • Dr. Rajib Baruah • Dr. Sadiqul Islam
2.05 – 2.35 pm 30 min	Dr. M Cheniyappan	Master class on ECG STEMI - Diagnostic Dilemma.	<ul style="list-style-type: none"> • Dr. H.C. Kalita • Dr. Arundhati Bordoloi • Dr. Farhin Iqbal
2.35 - 3.15 pm 40 min	Panel - " The morning fits: unraveling a teenager's mystery" Moderator- Dr. Piyush Agarwala	Panel- Dr. Dipen Bhattacharjee Dr. Anirban Mahanta Dr. M. Hussain Dr. Dharam Singh Timung Dr. Kunal D. Saha	<ul style="list-style-type: none"> • Dr Bhaskar Baruah • Dr. Karan Kumar Doley • Dr. Siddhartha Goswami
3.15 – 3.45 pm (10 min each)	Symposium <ul style="list-style-type: none"> • Dr. Manoj Kr. Gogoi • Dr. Kallol Bhattacharjee • Dr. Noni Gopal Singh 	Symposium Management of electrolytes in special situations- 1. Hyponatremia in patients on anti hypertensive therapy 2. Management of Hyponatraemia in cirrhotic patients on diuretics 3. Is there any importance of measuring the phosphate levels? How to manage abnormal phosphate levels	<ul style="list-style-type: none"> • Dr. Paresh Sharma • Dr. Prafulla Kr. Nath • Dr. Manoranjan Malakar • Dr. Sanjib Medhi
3.45 – 4.10 pm 20+5 min	Presidential Key Note Address Dr. Jyotirmoy Pal President Elect API	Challenges of management of tropical diseases	<ul style="list-style-type: none"> • Dr. G.N. Gogoi • Dr. Giridhari Kar • Dr. Atul Chandra Saikia • Dr. Aditya Langthasa



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DAY 2

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TIME	SPEAKER	TOPIC	CHAIRPERSON
4.10 -4.35 pm 20+5	GUEST LECTURE Dr. Nandini Chatterjee	Uncommon tropical infections: Case based discussion	<ul style="list-style-type: none">• Dr. Kamal Nahata• Dr. Juthika Ojha• Dr. Ajit Kumar Pegu• Dr. Suranjit Barua
4.35-5.00 pm	Oration- Dr. M K Das Cardiologist	" Professor HP Baruah Memorial Oration" My tryst with clinical cardiology: A 42 year old journey	<ul style="list-style-type: none">• Dr. Numal Momin• Dr. A.C Baishya• Dr. Arunima Goswami• Dr. RP Medhi
5-6 pm	INAUGURATION		
6 - 7 pm	Mohan Veena Recital By Grammy award winner Padma Bhushan Pt. Vishwa Mohan Bhatt. Tantri Samrat Pt Salil Bhatt with Tabla wizard Ustad Cassius Khan (Sponsored By NEHISTM)		
7-8 pm	GB Meeting		
8 pm onwards	Musical Extravaganza & Dinner Venue: Vatika Lawns		



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9 - 9.20 am 12+8min	Dr. Priyam Goswami	Clinical challenge: Elderly Smoker Presenting with progressive exertional dyspnoea : diagnostic workup	<ul style="list-style-type: none"> • Dr. Santonoo kr. Borthakur • Dr Sarat Keot • Dr Hillol Sarkar
9.20- 9.40 am 12+8 min	Dr. Pranjal Kr. Dutta	Clinical challenge: fever with neck pain and sore throat. Could it be thyroiditis?	<ul style="list-style-type: none"> • Dr P K Medhi • Dr Polok Das • Dr. Devesh Kumar Singh
9.40- 10 am 12+8 min	Dr. Rantu Barman	Maleoidosis : Are we missing it?	<ul style="list-style-type: none"> • Dr Intikabur Rahman • Dr. B.C. Chhawchharia • Dr. Bhaskar Debnath
10 – 10.40 am 40 min	Panel: Moderator- Dr. Dwijen Das Panelist- <ul style="list-style-type: none"> • Dr. Nitya Gogoi • Dr. Smita Das • Dr. Bhaskar Thakuria • Dr. Bharat Baishya • Dr. Kishore Chakraborty 	Low Platelets- Case based discussion	<ul style="list-style-type: none"> • Dr Birinchi Kr Bora • Dr. M.D. Jamil • Dr. S.C. Das • Dr. Rajarshree Bora
10.40 – 11 am 12+8min	Dr. K G Lyngrah	Asymptomatic young adult comes with an ultrasound report of Fatty Liver. How to proceed?	<ul style="list-style-type: none"> • Dr. G.C. Borbora • Dr. Rahul Kalita • Dr. Ankumoni Boruah
11 – 11.30 am	GUEST LECTURE Dr. Ranjit Nath	Cardiac arrhythmias for physician	<ul style="list-style-type: none"> • Dr. Ramanada Pathak • Dr. Kartik Kr. Baruah • Dr. Deepti Rekha Baruah
11.30 – 12.00 pm	Dr. Rajiv Kovil	Harmonizing diabetes care with insulin co formulation : attributes beyond efficacy	<ul style="list-style-type: none"> • Dr Bablu Banik • Dr Prasanta Goswami • Dr. Abani Roy



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12 – 12.20 pm 12+8min	Dr. H S Pathak	Advancements in the management of heart failure	<ul style="list-style-type: none"> • Dr Bhabatosh Roy • Dr S N Sarma • Dr. Sandipan Sarma
12.20 – 1.45 pm	No session		
1.45 – 2.05 pm 12+8 min	Dr. (Maj Gen) JP Prasad Chief Operating Officer Assam Cancer Care Foundation	Cancer scenario in Assam	<ul style="list-style-type: none"> • Dr. Hafizur Rahman • Dr. Pramesh Sarma • Dr. Ariful Hoque
2.05 – 2.25 pm	Dr. S. M. Baruah	Clinical challenge: Elevated S. Amylase & S. Lipase but not pancreatitis? Now what?	<ul style="list-style-type: none"> • Dr. Gunojit Kalita • Dr. S. Gohain Baruah • Dr. Ananya Dutta Roy
2.25 – 2.45 pm 12+8 min	GUEST LECTURE Next Generation Sequencing -		<ul style="list-style-type: none"> • Dr. Anuradha Deuri • Dr. Tribeni Sharma • Dr. Anjanjyoti Talukdar
2.45 – 3.25 pm 40 min	Panel: Moderator- Dr. Dinesh Agarwal Panelist- <ul style="list-style-type: none"> • Dr. Bhupen Mahanta • Dr. Tamoghna Das • Dr. Subhalakshmi Das • Dr Amit Kumar Kalwar • Dr. Aswini Bezbaruah 	Adult Immunization "Shingles Prevention – Time Is Now"	<ul style="list-style-type: none"> • Dr. Tongkeswar Deori • Dr. Nekib Uddin Ahmed • Dr. Sahidul Islam • Dr. Prasenjit Roy

HALL C:**JATINGA**

8:00 am Onwards	Poster Presentation /Paper
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SUNDAY****SCIENTIFIC PROGRAMME****AMSOI**

TIME	SPEAKER	TOPIC	CHAIRPERSON
9 – 9.25 am 10min each + 5 min	Symposium Dr. Usha Rani Pegu Dr. Bhupen Barman	I. Dementia – diagnosis and assessment 2. Pharmacological management of dementia	• Dr. Prashanta Kr. Sharma • Dr. Gaurav Saha • Dr. Gunottom Bora
9.25 – 9.50am 10min each + 5 min	Symposium Dr. Bipul Ch. Kalita Dr. Munindra Goswami	Symposium Recent Advances in Stroke management 1. Ischemic Stroke 2. Haemorrhagic Stroke	• Dr. Raj Pratim Das • Dr. Seema Hazarika • Dr. KN Das • Dr. Parag Sonowal
9.50 -10.30am 40 min	Panel: Moderator- Dr. BB Kukreja Panelist- • Dr. Arunima Goswami • Dr. Ashok Bhuyan • Dr. Gayatri Pegu • Dr. Jayanta Dhekial Phukan	Diabetes and Infections – A dangerous duo	• Dr. Samiran Das • Dr. Upendra N. Baruah • Dr. Monica Das • Dr. Rima Moni Doley
10.30– 10.50 am (12+8 min)	Dr. Dipanjan Bandyopadhyay	Management of HIV-AIDS: Are we heading for long acting injectables	• Dr. Hrishikesh Bora • Dr. B.S. Baid • Dr. Krishna Baishya Pegoo
10.50- 11.25 am (30+ 5 min)	Dr. B. Preeti Vidyasagar	Interventional Pulmonology- case based review	• Dr. B.T. Longkonwer • Dr. Arushika Rabha • Dr. Arpita Chakraborty
11.25-11.45 am (12+8 min)	Dr. Smarajit Banik North Bengal	Clinical challenge: Patient presenting with UGI bleed in shock: How to manage?	• Dr. Kartik Deka • Dr. Uttam Kr. Nath
11.45 -12.30 pm (40+5 min)	Panel: Moderator- Dr. Anup Das Panelist- • Dr Arup Choudhury • Dr Bhabani Bhuyan • Dr. Prodip Kr. Doley • Dr. Naruttan Sonowal	Approach to a case of recent onset ascites.	• Dr. Manisha Deka • Dr. Arnav Sarma • Dr. Mukul Sharma



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12.30 - 1.15 pm (40+5 min)	Panel Moderator- Dr. Dipak Sarma Panelist- • Dr. H.C. Kalita • Dr. Uma Kaimal Saikia • Dr. Pranab Jyoti Bhattacharyya • Dr. Pritom Kr. Borthakur	Difficult to treat hypertension	• Dr. Gam Pegu • Dr. Karan Saraf • Dr. Chandra Prakash • Dr. Arup Sharma
1.15 - 1.50 pm (30+5 min)	Debate for the motion- Dr. M.P. Baruah - 10 min + 5 min rebuttal Against the motion - Dr. Ripun Borpuzari - 10 min + 5 min rebuttal	In the opinion of the house " Subclinical hypothyroidism is a mere biochemical aberration and needs no intervention	Speaker: • Dr. S.M Baruah
1.50 - 2.35 pm (40+5 min)	Panel Moderator- Dr. Nilom Khaund Dr. Chandana Sarma Panelist • Dr. Brajendra Lahkar • Dr. Dabboo Patwari • Dr. Pranab Medhi • Dr. Anuj Kumar Baruah	Sepsis in the first 6 hours	• Dr. Aminul Islam Khan • Dr. Miranda Pegu • Dr. Tanushre Maitra • Dr. Rakhi Shyam
2.35 - 3.20 pm (40+5 min)	Panel Moderator- Dr. Bhaskar Jyoti Baruah Panelists- • Dr. P Sarma • Dr. B.N. Choudhury • Dr. Amal Dev Goswami • Dr. Amritangsu Borkakoti	A patient of chronic alcohol use coming to the emergency with mild jaundice and drowsiness. management in the first six hours	• Dr. Santosh Adhikari • Dr. Debasish Barthakur • Dr. Arpita Chakraborty
3.30 - 4.00 pm	Valedictory function		



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9 - 12 am	<p>" Learn from the Legends." Master classes in Clinical Excellence. (For all delegates)</p> <p>1. Neurology Classes – Moderator –Dr. Neelav Sarma Teachers- • Dr. Narayan Upadhyay • Dr. G.N. Gogoi</p> <p>2. CVS – Moderator –Dr. Rajeev Bharadwaj Teachers- • Dr. H.C Kalita • Dr. D.Goswami</p> <p>3. Respiratory Case – Moderator – Dr. Suresh Sarma Teachers- • Dr. Prithwiraj Bhattacharjee • Dr. S.K.Baruah</p>		<ul style="list-style-type: none"> • Dr. Sangitanjan Dutta • Dr. Anjana Devee • Dr. Anuradha Deuri • Dr. Barnali Dutta • Dr. Tribeni Sharma
12- 12.35 pm 30+5 min	Dr. M.K Roy	Emergencies in movement disorders	<ul style="list-style-type: none"> • Dr. Taijuddin Ahmed • Dr. Purabi Borah • Dr. Apurba Kr. Sarma
12.35 – 1.20 pm 40+5 min	<p>Panel Moderator- Dr. Kishore K Talukdar</p> <p>Panelist- • Dr. Manas J. Saikia • Dr. Kripesh Ranjan Sharma • Dr. Tridip Kumar Das • Dr. Ubedul Islam</p>	Tuberculosis potpourri and interesting cases - Innovations redefining the spectrum of TB care"	<ul style="list-style-type: none"> • Dr. Nasreen Kauser • Dr. Bhabesh Das • Dr. Prasenjit Roy
1.20- 2.05 pm 40+5 min	<p>Panel Moderator- Dr. Ayondyuti Bora</p> <p>Panelist- Dr. Manjuri Sarma Dr. Prasanta Dihingia Dr. Bhaskar Brahma Dr. Abhamoni Boro Dr. Rupam Pegu</p>	An Approach to a case of microalbuminuria	<ul style="list-style-type: none"> • Dr. Sadhan B. Das • Dr. Arun Pahariya • Dr. Purabi Thousen
2.05- 4 pm	Open session		

